

A Vindication of the Rights of Woman with Strictures on Political and Moral Subjects (1792)
Mary Wollstonecraft

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Introduction

After considering the historic page, and viewing the living world with anxious solicitude, the most melancholy emotions of sorrowful indignation have *depressed my spirits*, and I have sighed when obliged to confess, that either nature has made a great difference between man and man, or that the civilization which has hitherto taken place in the world has been very partial. I have turned over various books written on the subject of *education*, and patiently observed the conduct of parents and *the management of schools*; but what has been the result?—a profound conviction that the *neglected education* of my fellow-creatures is the grand source of the misery I deplore; and that *women, in particular, are rendered weak and wretched* by a variety of concurring causes, originating from one hasty conclusion. The conduct and manners of women, in fact, evidently prove that their minds are not in a healthy state; for, like the flowers which are planted in too rich a soil, strength and usefulness are sacrificed to beauty; and the flaunting leaves, after having pleased a fastidious eye, fade, disregarded on the stalk, long before the season when they ought to have arrived at maturity.—One cause of this barren blooming I attribute to a false system of education, gathered from the books written on this subject by men who, *considering females rather as women than human creatures*, have been more anxious to make them alluring mistresses than affectionate wives and rational mothers; and the understanding of the sex has been so bubbled by this specious homage, that the civilized women of the present century, *with a few exceptions*, are only anxious to inspire love, *when they ought to cherish* a nobler ambition, and by their abilities and virtues exact respect.

In a treatise, therefore, on female rights and manners, the works which have been particularly written for their improvement must not be overlooked; especially when it is asserted, in direct terms, that the minds of women are enfeebled by false refinement; that the books of instruction, written by men of genius, have had the same tendency as more frivolous productions; and that, in the true style of *Mahometanism*, they are treated as a kind of subordinate beings, and not as a part of the human species, when improveable reason is allowed to be the dignified distinction which raises men above the brute creation, and puts a natural sceptre in a feeble hand.

Yet, because I am a woman, I would not lead my readers to suppose that I mean violently to agitate the contested question respecting the equality or inferiority of the sex; but as the subject lies in my way, and I cannot pass it over without subjecting the main tendency of my reasoning to misconstruction, I shall stop a moment to deliver, in a few words, my opinion.—In the government of the physical world it is observable that the female *in point of strength is*, in general, inferior to the male. This is *the law of nature*; and it does not appear to be suspended or abrogated in favour of woman. A degree of physical superiority cannot, therefore, be denied—and it is a noble prerogative! But not content with this natural pre-eminence, men endeavour to sink us still lower, merely to render us alluring objects for a moment; and women, intoxicated by the adoration which men, under the influence of their senses, pay them, do not seek to obtain a durable interest in their hearts, or to become the friends of the fellow creatures who find amusement in their society.

I am aware of an obvious inference:—from every quarter have I heard exclamations against masculine women; but where are they to be found? If by this appellation men mean to inveigh against their ardour in hunting, shooting, and gaming, I shall most cordially join in the cry; but if it be against the imitation of *manly* virtues, or, more properly speaking, the attainment of those talents and virtues, the exercise of which ennobles the *human* character, and which raise females in the scale of animal being, when they are comprehensively termed mankind;—all those who view them with a philosophic eye must, I should think, wish with me, that they may every day grow more and more masculine.

This discussion naturally divides the subject. I shall first consider women in the grand light of human creatures, who, in common with men, are placed on this earth to unfold their faculties; and afterwards I shall more particularly point out their peculiar designation.

I wish also to steer clear of an error which many respectable writers have fallen into; for the instruction which has hitherto been addressed to women, has rather been applicable to *ladies*, if the little indirect advice, that is scattered through Sandford and Merton, be excepted; but, addressing my sex in a firmer tone, I pay particular attention to those in the middle class, because they appear to be in the most natural state. Perhaps the seeds of false-refinement, immorality, and vanity, have ever been shed by the great [wealthy]. Weak, artificial beings, raised above the common wants and affections of their race, in a premature unnatural manner, undermine the very foundation of virtue, and spread corruption through the whole mass of society! As a class of mankind they have the strongest claim to pity; the education of the rich tends to render them vain and helpless, and the unfolding mind is not strengthened by the practice of those duties which dignify the human character.—They only live to amuse themselves, and by the same law which in nature invariably produces certain effects, they soon only afford barren amusement.

But as I purpose taking a separate view of the different ranks of society, and of the moral character of women, in each, this hint is, for the present, sufficient; and I have only alluded to the subject, because it appears to me to be the very essence of an introduction to give a cursory account of the contents of the work it introduces.

My own sex, I hope, will excuse me, if I treat them like rational creatures, instead of flattering their *fascinating* graces, and viewing them as if they were in a state of perpetual childhood, unable to stand alone. I earnestly wish to point out in what true dignity and human happiness consists—I wish to persuade women to endeavour to acquire strength, both of mind and body, and to convince them that the soft phrases, susceptibility of heart, delicacy of sentiment, and refinement of taste, are almost synonymous with epithets of weakness, and that those beings who are only the objects of pity and that kind of love, which has been termed its sister, will soon become objects of *contempt*.

Dismissing then those pretty feminine phrases, which the men condescendingly use to soften our slavish dependence, and despising that weak elegance of mind, exquisite sensibility, and sweet docility of manners, supposed to be the sexual characteristics of the weaker vessel, I wish to shew that elegance is inferior to virtue, that the first object of laudable ambition is to obtain a character as a human being, regardless of the distinction of sex; and that secondary views should be brought to this simple touchstone.

This is a rough sketch of my plan; and should I express my conviction with the energetic emotions that I feel whenever I think of the subject, the dictates of experience and reflection will be felt by some of my readers. Animated by this important object, I shall disdain to cull my phrases or polish my style;—I aim at being useful, and sincerity will render me unaffected; for, wishing rather to persuade by the force of my arguments, than dazzle by the elegance of my language, I shall not waste my time in rounding periods, or in fabricating the turgid bombast of artificial feelings, which, coming from the head, never reach the heart.—I shall be employed about things, not words!—and, anxious to render my sex more respectable members of society, *I shall try to avoid that flowery diction which has slid from essays into novels, and from novels into familiar letters and conversation.*

These pretty superlatives, dropping glibly from the tongue, vitiate the taste, and create a kind of sickly delicacy that turns away from simple unadorned truth; and a deluge of false sentiments and overstretched feelings, *stifling the natural emotions of the heart, render the domestic pleasures insipid*, that ought to sweeten the exercise of those severe duties, which educate a rational and immortal being for a nobler field of action.

The education of women has, of late, been more attended to than formerly; yet they are still reckoned a frivolous sex, and ridiculed or pitied by the writers who endeavour by satire or instruction to improve them. It is acknowledged that they spend many of the first years of their lives in acquiring a smattering of accomplishments; meanwhile strength of body and mind are sacrificed to libertine notions of beauty, to the desire of establishing themselves,—the only way women can rise in the world,—by marriage. And this desire making mere animals of them, when they marry they act as such children may be expected to act:—they dress; they paint, and nickname God’s creatures—Surely these weak beings are only fit for a *seraglio*. Can they be expected to govern a family with judgment, or take care of the poor babes whom they bring into the world?

If then it can be fairly deduced from the present conduct of the sex, from the prevalent fondness for pleasure which takes place of ambition and those nobler passions that open and enlarge the soul; that the instruction which women have hitherto received has only tended, with the constitution of civil society, to render them insignificant objects of desire—mere propagators of fools!—if it can be proved that in aiming to accomplish them, without cultivating their understandings, they are taken out of their sphere of duties, and made ridiculous and useless when the short-lived bloom of beauty is over,¹ I presume that rational men will excuse me for endeavouring to persuade them to become more masculine and respectable.

Indeed the word *masculine* is only a bugbear: there is little reason to fear that women will acquire too much courage or fortitude; for their apparent inferiority with respect to bodily strength, must render them, in some degree, dependent on men in the various relations of life; but why should it be increased by prejudices that give a sex to virtue, and confound simple truths with sensual reveries?

Women are, in fact, so much degraded by mistaken notions of female excellence, that I do not mean to add a paradox when I assert, that this artificial weakness produces a propensity to tyrannize, and gives birth to cunning, the natural opponent of strength, which leads them to play off those contemptible infantine airs that undermine esteem even whilst they excite desire. Let men become more chaste and modest, and if women do not grow wiser in the same ratio, it will be clear that they have weaker understandings. It seems scarcely necessary to say, that I now speak of the sex in general. Many individuals have more sense than their male relatives; and, as nothing preponderates where there is a constant struggle for an equilibrium, without it has naturally more gravity, some women *govern their husbands without degrading themselves*, because intellect will always govern. [. . .]

Chp. 1 not included here . . .

Chp. 2: observations on the state of degradation to which woman is reduced by various causes (excerpts)

To account for, and excuse the tyranny of man, many ingenious arguments have been brought forward to prove, that the two sexes, in the acquirement of virtue, ought to aim at attaining a very different character: or, to speak explicitly, women are not allowed to have sufficient strength of mind to acquire what really deserves the name of virtue. Yet it should seem, allowing them to have souls, that there is but one way appointed by Providence to lead mankind to either virtue or happiness.

If then women are not a swarm of ephemeron triflers, why should they be kept in ignorance under the specious name of innocence? Men complain, and with reason, of the follies and caprices of our sex, when they do not keenly satirize our head-strong passions and groveling vices. – Behold, I should answer, the natural effect of ignorance! The mind will ever be unstable that has only prejudices to rest on, and the current will run with destructive fury when there are no barriers to break its force. Women are told from their infancy, and taught by the example of their mothers, that a little knowledge of human weakness, justly termed cunning, softness or temper, outward obedience, and a scrupulous attention to a puerile kind of propriety, will obtain for them the protection of man; and should they be beautiful, every thing else is needless, for, at least, twenty years of their lives.

Thus Milton describes our first frail mother; though when he tells us that women are formed for softness and sweet attractive grace, I cannot comprehend his meaning, unless, in the true Mahometan strain, he meant to deprive us of souls, and insinuate that we were beings only designed by sweet attractive grace, and docile blind obedience, to gratify the senses of man when he can no longer soar on the wing of contemplation.

How grossly do they insult us who thus advise us only to render ourselves gentle, domestic brutes! For instance, the winning softness so warmly, and frequently, recommended, that governs by obeying. What childish expression, and how insignificant is the being – can it be an immortal one? who will condescend to govern by such sinister methods! ‘Certainly,’ says Lord Bacon, ‘man is of kin to the beasts by his body; and if he be not of kin to God by his spirit, he is a base and ignoble creature!’ Men, indeed, appear to me to act in a very unphilosophical manner when they try to secure the good conduct of women by attempting to keep them always in a state of

childhood. Rousseau was more consistent when he wished to stop the progress of reason in both sexes, for if men eat of the tree of knowledge, women will come in for a taste; but, from the imperfect cultivation which their understandings now receive, they only attain a knowledge of evil.

Children, I grant, should be innocent; but when the epithet is applied to men, or women, it is but a civil term for weakness. For if it be allowed that women were destined by Providence to acquire human virtues, and by the exercise of their understandings, that stability of character which is the firmest ground to rest our future hopes upon, they must be permitted to turn to the fountain of light, and not forced to shape their course by the twinkling of a mere satellite. Milton, I grant, was of a very different opinion; for he only bends to the indefeasible right of beauty, though it would be difficult to render two passages which I now mean to contrast, consistent. But into similar inconsistencies are great men often led by their senses.

‘To whom thus Eve with *perfect beauty* adorn’d.
My Author and Disposer, what thou bidst
Unargued I obey; so God ordains;
God is *thy law, thou mine: to know no more*
Is Woman’s *happiest* knowledge and her *praise*.’

These are exactly the arguments that I have used to children; but I have added, your reason is now gaining strength, and, till it arrives at some degree of maturity, you must look up to me for advice – then you ought to *think*, and only rely on God.

Yet in the following lines Milton seems to coincide with me; when he makes Adam thus expostulate with his Maker

‘Hast thou not made me here thy substitute,
And these inferior far beneath me set?
Among *unequals* what society
Can sort, what harmony or true delight?
Which must be mutual, in proportion due
Giv’n and receiv’d, but in *disparity*
The one intense, the other still remiss
Cannot well suit with either, but soon prove
Tedious alike of *fellowship* I speak
Such as I seek, fit to participate
All rational delight –’

In treating, therefore, of the manners of women, let us, disregarding sensual arguments, trace what we should endeavour to make them in order to co-operate, if the expression be not too bold, with the supreme Being.

By individual education, I mean, for the sense of the word is not precisely defined, such an attention to a child as will slowly sharpen the senses, form the temper, regulate the passions as they begin to ferment, and set the understanding to work before the body arrives at maturity; so

that the man may only have to proceed, not to begin, the important task of learning to think and reason.

To prevent any misconstruction, I must add, that I do not believe that a private education can work the wonders which some sanguine writers have attributed to it. Men and women must be educated, in a great degree, by the opinions and manners of the society they live in. In every age there has been a stream of popular opinion that has carried all before it, and given a family character, as it were, to the century. It may then fairly be inferred, that, till society be differently constituted, much cannot be expected from education. It is, however, sufficient for my present purpose to assert, that, whatever effect circumstances have on the abilities, every being may become virtuous by the exercise of its own reason; for if but one being was created with vicious inclinations, that is positively bad, what can save us from atheism? or if we worship a God, is not that God a devil?

Consequently, the most perfect education, in my opinion, is such an exercise of the understanding as is best calculated to strengthen the body and form the heart. Or, in other words, to enable the individual to attain such habits of virtue as will render it independent. In fact, it is a farce to call any being virtuous whose virtues do not result from the exercise of its own reason. This was Rousseau's opinion respecting men: I extend it to women, and confidently assert that they have been drawn out of their sphere by false refinement, and not by an endeavour to acquire masculine qualities. Still the regal homage which they receive is so intoxicating, that till the manners of the times are changed, and formed on more reasonable principles, it may be impossible to convince them that the illegitimate power, which they obtain, by degrading themselves, is a curse, and that they must return to nature and equality, if they wish to secure the placid satisfaction that unsophisticated affections impart. But for this epoch we must wait – wait, perhaps, till kings and nobles, enlightened by reason, and, preferring the real dignity of man to childish state, throw off their gaudy hereditary trappings: and if then women do not resign the arbitrary power of beauty – they will prove that they have less mind than man.

I may be accused of arrogance; still I must declare what I firmly believe, that all the writers who have written on the subject of female education and manners from Rousseau to Dr Gregory, have contributed to render women more artificial, weak characters, than they would otherwise have been; and, consequently, more useless members of society. I might have expressed this conviction in a lower key; but I am afraid it would have been the whine of affectation, and not the faithful expression of my feelings, of the clear result, which experience and reflection have led me to draw. When I come to that division of the subject, I shall advert to the passages that I more particularly disapprove of, in the works of the authors I have just alluded to; but it is first necessary to observe, that my objection extends to the whole purport of those books, which tend, in my opinion, to degrade one half of the human species, and render women pleasing at the expence of every solid virtue.

Though, to reason on Rousseau's ground, if man did attain a degree of perfection of mind when his body arrived at maturity, it might be proper, in order to make a man and his wife *one*, that she should rely entirely on his understanding; and the graceful ivy, clasping the oak that supported it,

would form a whole in which strength and beauty would be equally conspicuous. But, alas! husbands, as well as their helpmates, are often only overgrown children; nay, thanks to early debauchery, scarcely men in their outward form – and if the blind lead the blind, one need not come from heaven to tell us the consequence.

Many are the causes that, in the present corrupt state of society, contribute to enslave women by cramping their understandings and sharpening their senses. One, perhaps, that silently does more mischief than all the rest, is their disregard of order.

To do every thing in an orderly manner, is a most important precept, which women, who, generally speaking, receive only a disorderly kind of education, seldom attend to with that degree of exactness that men, who from their infancy are broken into method, observe. This negligent kind of guesswork, for what other epithet can be used to point out the random exertions of a sort of instinctive common sense, never brought to the test of reason? prevents their generalizing matters of fact – so they do to-day, what they did yesterday, merely because they did it yesterday.

This contempt of the understanding in early life has more baneful consequences than is commonly supposed; for the little knowledge which women of strong minds attain, is, from various circumstances, of a more desultory kind than the knowledge of men, and it is acquired more by sheer observations on real life, than from comparing what has been individually observed with the results of experience generalized by speculation. Led by their dependent situation and domestic employments more into society, what they learn is rather by snatches; and as learning is with them, in general, only a secondary thing, they do not pursue any one branch with that persevering ardour necessary to give vigour to the faculties, and clearness to the judgment. In the present state of society, a little learning is required to support the character of a gentleman; and boys are obliged to submit to a few years of discipline. But in the education of women, the cultivation of the understanding is always subordinate to the acquirement of some corporeal accomplishment; even while enervated by confinement and false notions of modesty, the body is prevented from attaining that grace and beauty which relaxed half-formed limbs never exhibit. Besides, in youth their faculties are not brought forward by emulation; and having no serious scientific study, if they have natural sagacity it is turned too soon on life and manners. They dwell on effects, and modifications, without tracing them back to causes; and complicated rules to adjust behaviour are a weak substitute for simple principles.

As a proof that education gives this appearance of weakness to females, we may instance the example of military men, who are, like them, sent into the world before their minds have been stored with knowledge or fortified by principles. The consequences are similar, soldiers acquire a little superficial knowledge, snatched from the muddy current of conversation, and, from continually mixing with society, they gain, what is termed a knowledge of the world, and this acquaintance with manners and customs has frequently been confounded with a knowledge of the human heart. But can the crude fruit of casual observation, never brought to the test of judgment, formed by comparing speculation and experience, deserve such a distinction? Soldiers, as well as women, practise the minor virtues with punctilious politeness. Where is then the sexual difference, when the education has been the same? All the difference that I can discern, arises from the superior advantage of liberty, which enables the former to see more of life.

It is wandering from my present subject, perhaps, to make a political remark; but, as it was produced naturally by the train of my reflections, I shall not pass it silently over.

Standing armies can never consist of resolute, robust men; they may be well disciplined machines, but they will seldom contain men under the influence of strong passions, or with very vigorous faculties. And as for any depth of understanding, I will venture to affirm, that it is as rarely to be found in the army as amongst women; and the cause, I maintain, is the same. It may be further observed, that officers are also particularly attentive to their persons, fond of dancing, crowded rooms, adventures, and ridicule. Like the fair sex, the business of their lives is gallantry. – They were taught to please, and they only live to please. Yet they do not lose their rank in the distinction of sexes, for they are still reckoned superior to women, though in what their superiority consists, beyond what I have just mentioned, it is difficult to discover.

The great misfortune is this, that they both acquire manners before morals, and a knowledge of life before they have, from reflection, any acquaintance with the grand ideal outline of human nature. The consequence is natural; satisfied with common nature, they become a prey to prejudices, and taking all their opinions on credit, they blindly submit to authority. So that if they have any sense, it is a kind of instinctive glance, that catches proportions, and decides with respect to manners; but fails when arguments are to be pursued below the surface, or opinions analyzed.

May not the same remark be applied to women? Nay, the argument may be carried still further, for they are both thrown out of a useful station by the unnatural distinctions established in civilized life. Riches and hereditary honours have made cyphers of women to give consequence to the numerical figure; and idleness has produced a mixture of gallantry and despotism into society, which leads the very men who are the slaves of their mistresses to tyrannize over their sisters, wives, and daughters. This is only keeping them in rank and file, it is true. Strengthen the female mind by enlarging it, and there will be an end to blind obedience; but, as blind obedience is ever sought for by power, tyrants and sensualists are in the right when they endeavour to keep women in the dark, because the former only want slaves, and the latter a play-thing. The sensualist, indeed, has been the most dangerous of tyrants, and women have been duped by their lovers, as princes by their ministers, whilst dreaming that they reigned over them. [. . .]

Women ought to endeavour to purify their heart; but can they do so when their uncultivated understandings make them entirely dependent on their senses for employment and amusement, when no noble pursuit sets them above the little vanities of the day, or enables them to curb the wild emotions that agitate a reed over which every passing breeze has power? To gain the affections of a virtuous man is affectation necessary? Nature has given woman a weaker frame than man; but, to ensure her husband's affections, must a wife, who by the exercise of her mind and body whilst she was discharging the duties of a daughter, wife, and mother, has allowed her constitution to retain its natural strength, and her nerves a healthy tone, is she, I say, to condescend to use art and feign a sickly delicacy in order to secure her husband's affection? Weakness may excite tenderness, and gratify the arrogant pride of man; but the lordly caresses of a protector will not gratify a noble mind that pants for, and deserves to be respected. Fondness is a poor substitute for friendship!

In a seraglio, I grant, that all these arts are necessary; the epicure must have his palate tickled, or he will sink into apathy; but have women so little ambition as to be satisfied with such a condition? Can they supinely dream life away in the lap of pleasure, or the languor of weariness, rather than assert their claim to pursue reasonable pleasures and render themselves conspicuous by practising the virtues which dignify mankind? Surely she has not an immortal soul who can loiter life away merely employed to adorn her person, that she may amuse the languid hours, and soften the cares of a fellow-creature who is willing to be enlivened by her smiles and tricks, when the serious business of life is over.

Besides, the woman who strengthens her body and exercises her mind will, by managing her family and practising various virtues, become the friend, and not the humble dependent of her husband; and if she, by possessing such substantial qualities, merit his regard, she will not find it necessary to conceal her affection, nor to pretend to an unnatural coldness of constitution to excite her husband's passions. In fact, if we revert to history, we shall find that the women who have distinguished themselves have neither been the most beautiful nor the most gentle of their sex.

Nature, or, to speak with strict propriety, God, has made all things right; but man has sought him out many inventions to mar the work. I now allude to that part of Dr Gregory's treatise, where he advises a wife never to let her husband know the extent of her sensibility or affection. Voluptuous precaution, and as ineffectual as absurd. – Love, from its very nature, must be transitory. To seek for a secret that would render it constant, would be as wild a search as for the philosopher's stone, or the grand panacea: and the discovery would be equally useless, or rather pernicious, to mankind. The most holy band of society is friendship. It has been well said, by a shrewd satirist, 'that rare as true love is, true friendship is still rarer.'

This is an obvious truth, and the cause not lying deep, will not elude a slight glance of inquiry.

Love, the common passion, in which chance and sensation take place of choice and reason, is, in some degree, felt by the mass of mankind; for it is not necessary to speak, at present, of the emotions that rise above or sink below love. This passion, naturally increased by suspense and difficulties, draws the mind out of its accustomed state, and exalts the affections; but the security of marriage, allowing the fever of love to subside, a healthy temperature is thought insipid, only by those who have not sufficient intellect to substitute the calm tenderness of friendship, the confidence of respect, instead of blind admiration, and the sensual emotions of fondness.

This is, must be, the course of nature – friendship or indifference inevitably succeeds love. – And this constitution seems perfectly to harmonize with the system of government which prevails in the moral world. Passions are spurs to action, and open the mind; but they sink into mere appetites, become a personal and momentary gratification, when the object is gained, and the satisfied mind rests in enjoyment. The man who had some virtue whilst he was struggling for a crown, often becomes a voluptuous tyrant when it graces his brow; and, when the lover is not lost in the husband, the dotard, a prey to childish caprices, and fond jealousies, neglects the serious duties of life, and the caresses which should excite confidence in his children are lavished on the overgrown child, his wife.

In order to fulfil the duties of life, and to be able to pursue with vigour the various employments which form the moral character, a master and mistress of a family ought *not* to continue to love each other with passion. I mean to say, that they ought not to indulge those emotions which disturb the order of society, and engross the thoughts that should be otherwise employed. The mind that has never been engrossed by one object wants vigour – if it can long be so, it is weak.

A mistaken education, a narrow, uncultivated mind, and many sexual prejudices, tend to make women more constant than men; *but, for the present, I shall not touch on this branch of the subject.* I will go still further, and advance, without dreaming of a paradox, that an unhappy marriage is *often very advantageous to a family*, and that the neglected wife is, in general, the best mother. And this would almost always be the consequence if the female mind were more enlarged: for, it seems to be the common dispensation of Providence, that what we gain in present enjoyment should be deducted from the treasure of life, experience; and that when we are gathering the flowers of the day and revelling in pleasure, the solid fruit of toil and wisdom should not be caught at the same time. The way lies before us, we must turn to the right or left; and he who will pass life away in bounding from one pleasure to another, must not complain if he acquire neither wisdom nor respectability of character.

Chp. 3: the same subject continued (excerpt)

Bodily strength from being the distinction of heroes is now sunk into such unmerited contempt that men, as well as women, seem to think it unnecessary: the latter, as it takes from their feminine graces, and from that lovely weakness the source of their undue power; and the former, because it appears inimical to the character of a gentleman.

That they have both by departing from one extreme run into another, may easily be proved; but first it may be proper to observe, that a vulgar error has obtained a degree of credit, which has given force to a false conclusion, in which an effect has been mistaken for a cause.

People of genius have, very frequently, impaired their constitutions by study or careless inattention to their health, and the violence of their passions bearing a proportion to the vigour of their intellects, the sword's destroying the scabbard has become almost proverbial, and superficial observers have inferred from thence, that men of genius have commonly weak, or, to use a more fashionable phrase, delicate constitutions. Yet the contrary, I believe, will appear to be the fact; for, on diligent inquiry, I find that strength of mind has, in most cases, been accompanied by superior strength of body,–natural soundness of constitution,–not that robust tone of nerves and vigour of muscles, which arise from bodily labour, when the mind is quiescent, or only directs the hands.

Dr Priestley has remarked, in the preface to his biographical chart, that the majority of great men have lived beyond forty-five. And, considering the thoughtless manner in which they have lavished their strength, when investigating a favourite science they have wasted the lamp of life, forgetful of the midnight hour; or, when, lost in poetic dreams, fancy has peopled the scene, and the soul has been disturbed, till it shook the constitution, by the passions that meditation had

raised; whose objects, the baseless fabric of a vision, faded before the exhausted eye, they must have had iron frames. Shakspeare never grasped the airy dagger with a nerveless hand, nor did Milton tremble when he led Satan far from the confines of his dreary prison –These were not the ravings of imbecility, the sickly effusions of distempered brains; but the exuberance of fancy, that ‘in a fine phrenzy’ d wandering, was not continually reminded of its material shackles.

I am aware that this argument would carry me further than it may be supposed I wish to go; but I follow truth, and, still adhering to my first position, I will allow that bodily strength seems to give man a natural superiority over woman; and this is the only solid basis on which the superiority of the sex can be built. But I still insist, that not only the virtue, but the knowledge of the two sexes should be the same in nature, if not in degree, and that women, considered not only as moral, but rational creatures, ought to endeavour to acquire human virtues (or perfections) by the same means as men, instead of being educated like a fanciful kind of half being—one of Rousseau’s wild chimeras.

But, if strength of body be, with some shew of reason, the boast of men, why are women so infatuated as to be proud of a defect? Rousseau has furnished them with a plausible excuse, which could only have occurred to a man, whose imagination had been allowed to run wild, and refine on the impressions made by exquisite senses;—that they might, forsooth, have a pretext for yielding to a natural appetite without violating a romantic species of modesty, which gratifies the pride and libertinism of man.

Women, deluded by these sentiments, sometimes boast of their weakness, cunningly obtaining power by playing on the weakness of men; and they may well glory in their illicit sway, for, like Turkish bashaws they have more real power than their masters: but virtue is sacrificed to temporary gratifications, and the respectability of life to the triumph of an hour.

Women, as well as despots, have now, perhaps, more power than they would have if the world, divided and subdivided into kingdoms and families, were governed by laws deduced from the exercise of reason; but in obtaining it, to carry on the comparison, their character is degraded, and licentiousness spread through the whole aggregate of society. The many become pedestal to the few. I, therefore, will venture to assert, that till women are more rationally educated, the progress of human virtue and improvement in knowledge must receive continual checks. And if it be granted that woman was not created merely to gratify the appetite of man, or to be the upper servant, who provides his meals and takes care of his linen, it must follow, that the first care of those mothers or fathers, who really attend to the education of females, should be, if not to strengthen the body, at least, not to destroy the constitution by mistaken notions of beauty and female excellence; nor should girls ever be allowed to imbibe the pernicious notion that a defect can, by any chemical process of reasoning, become an excellence. In this respect, I am happy to find, that the author of one of the most instructive books, that our country has produced for children, coincides with me in opinion; I shall quote his pertinent remarks to give the force of his respectable authority to reason. [. . .]

But should it be proved that woman is naturally weaker than man, whence does it follow that it is natural for her to labour to become still weaker than nature intended her to be? Arguments of this cast are an insult to common sense, and savour of passion. The divine right of husbands, like the divine right of kings, may, it is to be hoped, in this enlightened age, be contested without danger, and, though conviction may not silence many boisterous disputants, yet, when any prevailing prejudice is attacked, the wise will consider, and leave the narrow-minded to rail with thoughtless vehemence at innovation.

The mother, who wishes to give true dignity of character to her daughter, must, regardless of the sneers of ignorance, proceed on a plan diametrically opposite to that which Rousseau has recommended with all the deluding charms of eloquence and philosophical sophistry: for his eloquence renders absurdities plausible, and his dogmatic conclusions puzzle, without convincing, those who have not ability to refute them.

Throughout the whole animal kingdom every young creature requires almost continual exercise, and the infancy of children, conformable to this intimation, should be passed in harmless gambols, that exercise the feet and hands, without requiring very minute direction from the head, or the constant attention of a nurse. In fact, the care necessary for self-preservation is the first natural exercise of the understanding, as little inventions to amuse the present moment unfold the imagination. But these wise designs of nature are counteracted by mistaken fondness or blind zeal. The child is not left a moment to its own direction, particularly a girl, and thus rendered dependent—dependence is called natural.

To preserve personal beauty, woman's glory! the limbs and faculties are cramped with worse than Chinese bands, and the sedentary life which they are condemned to live, whilst boys frolic in the open air, weakens the muscles and relaxes the nerves.—As for Rousseau's remarks, which have since been echoed by several writers, that they have naturally, that is from their birth, independent of education, a fondness for dolls, dressing, and talking—they are so puerile as not to merit a serious refutation. That a girl, condemned to sit for hours together listening to the idle chat of weak nurses, or to attend at her mother's toilet, will endeavour to join the conversation, is, indeed, very natural; and that she will imitate her mother or aunts, and amuse herself by adorning her lifeless doll, as they do in dressing her, poor innocent babe! is undoubtedly a most natural consequence. For men of the greatest abilities have seldom had sufficient strength to rise above the surrounding atmosphere; and, if the page of genius have always been blurred by the prejudices of the age, some allowance should be made for a sex, who, like kings, always see things through a false medium.

Pursuing these reflections, the fondness for dress, *conspicuous in women*, may be easily accounted for, without supposing it the result of a desire to please the sex on which they are dependent. The absurdity, in short, of supposing that a girl is naturally a coquette, and that a desire connected with the impulse of nature to propagate the species, should appear even before an improper education has, by heating the imagination, called it forth prematurely, is so unphilosophical, that such a sagacious observer as Rousseau would not have adopted it, if he had not been accustomed to make reason give way to his desire of singularity, and truth to a favourite paradox.

Chp. 4: observations on the state of degradation to which woman is reduced by various causes (excerpts accord w/ Norton D: 170-74, 189-95)

[. . .] In the middle rank of life, to continue the comparison, men, in their youth, are prepared for professions, and marriage is not considered as the grand feature in their lives, whilst women, on the contrary, have no other scheme to sharpen their faculties. It is not business, extensive plans, or any of the excursive flights of ambition, that engross their attention; no, their thoughts are now employed in rearing such noble structures. To rise in the world, and have the liberty of running from pleasure to pleasure, they must marry advantageously, and to this object their time is sacrificed, and their persons often legally prostituted. A man when he enters any profession has his eye steadily fixed on some future advantage (and the mind gains great strength by having all its efforts directed to one point), and, full of his business, pleasure is considered as mere relaxation; whilst women seek for pleasure as the main purpose of existence. In fact, from the education, which they receive from society, the love of pleasure may be said to govern them all; but does this prove that there is a sex in souls? It would be just as rational to declare that the courtiers in France, when a destructive system of despotism had formed their character, were not men, because liberty, virtue, and humanity, were sacrificed to pleasure and vanity. – Fatal passions, which have ever domineered over the whole race!

The same love of pleasure, fostered by the whole tendency of their education, gives a trifling turn to the conduct of women in most circumstances: for instance, they are ever anxious about secondary things; and on the watch for adventures, instead of being occupied by duties.

A man, when he undertakes a journey, has, in general, the end in view; a woman thinks more of the incidental occurrences, the strange things that may possibly occur on the road; the impression that she may make on her fellow-travellers; and, above all, she is anxiously intent on the care of the finery that she carries with her, which is more than ever a part of herself, when going to figure on a new scene; when, to use an apt French turn of expression, she is going to produce a sensation. – Can dignity of mind exist with such trivial cares?

In short, women, in general, as well as the rich of both sexes, have acquired all the follies and vices of civilization, and missed the useful fruit. It is not necessary for me always to premise, that I speak of the condition of the whole sex, leaving exceptions out of the question. Their senses are inflamed, and their understandings neglected, consequently they become the prey of their senses, delicately termed sensibility, and are blown about by every momentary gust of feeling. Civilized women are, therefore, so weakened by false refinement, that, respecting morals, their condition is much below what it would be were they left in a state nearer to nature. Ever restless and anxious, their over exercised sensibility not only renders them uncomfortable themselves, but troublesome, to use a soft phrase, to others. All their thoughts turn on things calculated to excite emotion; and feeling, when they should reason, their conduct is unstable, and their opinions are wavering – not the wavering produced by deliberation or progressive views, but by contradictory emotions. By fits and starts they are warm in many pursuits; yet this warmth, never concentrated into perseverance, soon exhausts itself; exhaled by its own heat, or meeting with some other fleeting passion, to which reason has never given any specific gravity, neutrality ensues.

Miserable indeed, must be that being whose cultivation of mind has only tended to inflame its passions! A distinction should be made between inflaming and strengthening them. The passions thus pampered, whilst the judgment is left unformed, what can be expected to ensue? – Undoubtedly, a mixture of madness and folly!

This observation should not be confined to the fair sex; however, at present, I only mean to apply it to them.

Novels, music, poetry, and gallantry, all tend to make women the creatures of sensation, and their character is thus formed in the mould of folly during the time they are acquiring accomplishments, the only improvement they are excited, by their station in society, to acquire. This overstretched sensibility naturally relaxes the other powers of the mind, and prevents intellect from attaining that sovereignty which it ought to attain to render a rational creature useful to others, and content with its own station: for the exercise of the understanding, as life advances, is the only method pointed out by nature to calm the passions.

Satiety has a very different effect, and I have often been forcibly struck by an emphatical description of damnation: – when the spirit is represented as continually hovering with abortive eagerness round the defiled body, unable to enjoy any thing without the organs of sense. Yet, to their senses, are women made slaves, because it is by their sensibility that they obtain present power.

And will moralists pretend to assert, that this is the condition in which one half of the human race should be encouraged to remain with listless inactivity and stupid acquiescence? Kind instructors! what were we created for? To remain, it may be said, innocent; they mean in a state of childhood. – We might as well never have been born, unless it were necessary that we should be created to enable man to acquire the noble privilege of reason, the power of discerning good from evil, whilst we lie down in the dust from whence we were taken, never to rise again. –

It would be an endless task to trace the variety of meannesses, cares, and sorrows, into which women are plunged by the prevailing opinion, that they were created rather to feel than reason, and that all the power they obtain, must be obtained by their charms and weakness:

- ‘Fine by defect, and amiably weak!’

And, made by this amiable weakness entirely dependent, excepting what they gain by illicit sway, on man, not only for protection, but advice, is it surprising that, neglecting the duties that reason alone points out, and shrinking from trials calculated to strengthen their minds, they only exert themselves to give their defects a graceful covering, which may serve to heighten their charms in the eye of the voluptuary, though it sink them below the scale of moral excellence?

Fragile in every sense of the word, they are obliged to look up to man for every comfort. In the most trifling dangers they cling to their support, with parasitical tenacity, piteously demanding succour; and their natural protector extends his arm, or lifts up his voice, to guard the lovely trembler – from what? Perhaps the frown of an old cow, or the jump of a mouse; a rat, would be

a serious danger. In the name of reason, and even common sense, what can save such beings from contempt; even though they be soft and fair?

These fears, when not affected, may produce some pretty attitudes; but they shew a degree of imbecility which degrades a rational creature in a way women are not aware of – for love and esteem are very distinct things.

I am fully persuaded that we should hear of none of these infantine airs, if girls were allowed to take sufficient exercise, and not confined in close rooms till their muscles are relaxed, and their powers of digestion destroyed. To carry the remark still further, if fear in girls, instead of being cherished, perhaps, created, were treated in the same manner as cowardice in boys, we should quickly see women with more dignified aspects. It is true, they could not then with equal propriety be termed the sweet flowers that smile in the walk of man, but they would be more respectable members of society, and discharge the important duties of life by the light of their own reason. ‘Educate women like men,’ says Rousseau, ‘and the more they resemble our sex the less power will they have over us.’ This is the very point I aim at. I do not wish them to have power over men; but over themselves.

In the same strain have I heard men argue against instructing the poor; for many are the forms that aristocracy assumes. ‘Teach them to read and write,’ say they, ‘and you take them out of the station assigned them by nature.’ An eloquent Frenchman has answered them, I will borrow his sentiments. But they know not, when they make man a brute, that they may expect every instant to see him transformed into a ferocious beast. Without knowledge there can be no morality!

Ignorance is a frail base for virtue! Yet, that it is the condition for which woman was organized, has been insisted upon by the writers who have most vehemently argued in favour of the superiority of man, a superiority not in degree, but essence; though, to soften the argument, they have laboured to prove, with chivalrous generosity, that the sexes ought not to be compared; man was made to reason, woman to feel: and that together, flesh and spirit, they make the most perfect whole, by blending happily reason and sensibility into one character.

And what is sensibility? ‘Quickness of sensation; quickness of perception; delicacy.’ Thus is it defined by Dr Johnson, and the definition gives me no other idea than of the most exquisitely polished instinct. I discern not a trace of the image of God in either sensation or matter. Refined seventy times seven, they are still material; intellect dwells not there; nor will fire ever make lead gold!

I come round to my old argument; if woman be allowed to have an immortal soul, she must have, as the employment of life, an understanding to improve. And when, to render the present state more complete, though every thing proves it to be but a fraction of a mighty sum, she is incited by present gratification to forget her grand destination, nature is counteracted, or she was born only to procreate and rot. Or, granting brutes, of every description, a soul, though not a reasonable one, the exercise of instinct and sensibility may be the step, which they are to take, in this life, towards the attainment of reason in the next; so that through all eternity they will lag behind man, who, why we cannot tell, had the power given him of attaining reason in his first mode of existence.

When I treat of the peculiar duties of women, as I should treat of the peculiar duties of a citizen or father, it will be found that I do not mean to insinuate that they should be taken out of their families, speaking of the majority. 'He that hath wife and children,' says Lord Bacon, 'hath given hostages to fortune; for they are impediments to great enterprises, either of virtue or mischief. Certainly the best works, and of greatest merit for the public, have proceeded from the unmarried or childless men.' I say the same of women. But, the welfare of society is not built on extraordinary exertions; and were it more reasonably organized, there would be still less need of great abilities, or heroic virtues.

In the regulation of a family, in the education of children, understanding, in an unsophisticated sense, is particularly required: strength both of body and mind, yet the men who, by their writings, have most earnestly laboured to domesticate women, have endeavoured, by arguments dictated by a gross appetite, which satiety had rendered fastidious, to weaken their bodies and cramp their minds. But, if even by these sinister methods they really persuaded women, by working on their feelings, to stay at home, and fulfill the duties of a mother and mistress of a family, I should cautiously oppose opinions that led women to right conduct, by prevailing on them to make the discharge of such important duties the main business of life, though reason were insulted. Yet, and I appeal to experience, if by neglecting the understanding they be as much, nay, more detached from these domestic employments, than they could be by the most serious intellectual pursuit, though it may be observed, that the mass of mankind will never vigorously pursue an intellectual object, I may be allowed to infer that reason is absolutely necessary to enable a woman to perform any duty properly, and I must again repeat, that sensibility is not reason.

The comparison with the rich still occurs to me; for, when men neglect the duties of humanity, women will follow their example; a common stream hurries them both along with thoughtless celerity. Riches and honours prevent a man from enlarging his understanding, and enervate all his powers by reversing the order of nature, which has ever made true pleasure the reward of labour. Pleasure – enervating pleasure is, likewise, within women's reach without earning it. But, till hereditary possessions are spread abroad, how can we expect men to be proud of virtue? And, till they are, women will govern them by the most direct means, neglecting their dull domestic duties to catch the pleasure that sits lightly on the wing of time.

'The power of the woman,' says some author, 'is her sensibility' and men, not aware of the consequence, do all they can to make this power swallow up every other. Those who constantly employ their sensibility will have most: for example; poets, painters, and composers. Yet, when the sensibility is thus increased at the expence of reason, and even the imagination, why do philosophical men complain of their fickleness? The sexual attention of man particularly acts on female sensibility, and this sympathy has been exercised from their youth up. A husband cannot long pay those attentions with the passion necessary to excite lively emotions, and the heart, accustomed to lively emotions, turns to a new lover, or pines in secret, the prey of virtue or prudence. I mean when the heart has really been rendered susceptible, and the taste formed; for I am apt to conclude, from what I have seen in fashionable life, that vanity is oftener fostered than sensibility by the mode of education, and the intercourse between the sexes, which I have reprobated; and that coquetry more frequently proceeds from vanity than from that inconstancy, which overstrained sensibility naturally produces.

Another argument that has had great weight with me, must, I think, have some force with every considerate benevolent heart. Girls who have been thus weakly educated, are often cruelly left by their parents without any provision; and, of course, are dependent on, not only the reason, but the bounty of their brothers. These brothers are, to view the fairest side of the question, good sort of men, and give as a favour, what children of the same parents had an equal right to. In this equivocal humiliating situation, a docile female may remain some time, with a tolerable degree of comfort. But, when the brother marries, a probable circumstance, from being considered as the mistress of the family, she is viewed with averted looks as an intruder, an unnecessary burden on the benevolence of the master of the house, and his new partner.

Who can recount the misery, which many unfortunate beings, whose minds and bodies are equally weak, suffer in such situations – unable to work, and ashamed to beg? The wife, a cold-hearted, narrow-minded, woman, and this is not an unfair supposition; for the present mode of education does not tend to enlarge the heart any more than the understanding, is jealous of the little kindness which her husband shews to his relations; and *her sensibility not rising to humanity*, she is displeased at seeing the property of *her* children lavished on an helpless sister.

These are matters of fact, which have come under my eye again and again. The consequence is obvious, *the wife has recourse to cunning to undermine the habitual affection, which she is afraid openly to oppose*, and neither tears nor caresses are spared till the spy is worked out of her home, and thrown on the world, unprepared for its difficulties; or sent, as a great effort of generosity, or from some regard to propriety, with a small stipend, and an uncultivated mind, into joyless solitude.

These two women may be much upon a par, with respect to reason and humanity; and changing situations, might have acted just the same selfish part; but *had they been differently educated*, the case would also have been very different. The wife would not have had that sensibility, of which self is the centre, and reason might have taught her not to expect, and not even to be flattered by, the affection of her husband, if it led him to violate prior duties. She would wish not to love him merely because he loved her, but on account of his virtues; and the sister might have been able to struggle for herself instead of eating the bitter bread of dependence.

I am, indeed, persuaded that the heart, as well as the understanding, is opened by cultivation; and by, which may not appear so clear, strengthening the organs, I am *not* now talking of momentary flashes of *sensibility*, but of affections. And, perhaps, in the education of both sexes, the most difficult task is so to adjust instruction as not to narrow the understanding, whilst the heart is warmed by the generous juices of spring, just raised by the electric fermentation of the season; nor to dry up the feelings by employing the mind in investigations remote from life.

With respect to women, when they receive a careful education, they are either *made fine ladies*, brimful of sensibility, and teeming with capricious fancies; *or merely notable women*. The latter are often friendly, honest creatures, and have a shrewd kind of good sense joined with worldly prudence, that often render them more useful members of society than the fine sentimental lady, though they possess neither greatness of mind nor taste. The intellectual world is shut against them; take them out of their family or neighbourhood, and they stand still; the mind

finding no employment, for literature affords a fund of amusement which they have never sought to relish, but frequently to despise. The sentiments and taste of more cultivated minds appear ridiculous, even in those whom chance and family connections have led them to love; but in mere acquaintance they think it all affectation.

A man of sense can only love such a woman on account of her sex, and respect her, because she is a trusty servant. He lets her, to preserve his own peace, scold the servants, and go to church in clothes made of the very best materials. A man of her own size of understanding would, probably, not agree so well with her; for he might wish to encroach on her prerogative, and manage some domestic concerns himself. Yet women, whose minds are not enlarged by cultivation, or the natural selfishness of sensibility expanded by reflection, are very unfit to manage a family; for, by an undue stretch of power, they are always tyrannizing to support a superiority that only rests on the arbitrary distinction of fortune. The evil is sometimes more serious, and domestics are deprived of innocent indulgences, and made to work beyond their strength, in order to enable the notable woman to keep a better table, and outshine her neighbours in finery and parade. If she attend to her children, it is, in general, to dress them in a costly manner – and, whether this attention arise from vanity or fondness, it is equally pernicious.

Besides, how many women of this description pass their days; or, at least, their evenings, discontentedly. Their husbands acknowledge that they are good managers, and chaste wives; but leave home to seek for more agreeable, may I be allowed to use a significant French word, piquant society; and the patient drudge, who fulfils her task, like a blind horse in a mill, is defrauded of her just reward; for the wages due to her are the caresses of her husband; and women who have so few resources in themselves, do not very patiently bear this privation of a natural right.

A fine lady, on the contrary, has been taught to look down with contempt on the vulgar employments of life; though she has only been incited to acquire accomplishments that rise a degree above sense; for even corporeal accomplishments cannot be acquired with any degree of precision unless the understanding has been strengthened by exercise. Without a foundation of principles taste is superficial, grace must arise from something deeper than imitation. The imagination, however, is heated, and the feelings rendered fastidious, if not sophisticated, or, a counterpoise of judgment is not acquired, when the heart still remains artless, though it becomes too tender.

These women are often amiable; and their hearts are really more sensible to general benevolence, more alive to the sentiments that civilize life, than the square-elbowed family drudge; but, wanting a due proportion of reflection and self-government, they only inspire love; and are the mistresses of their husbands, whilst they have any hold on their affections; and the platonic friends of his male acquaintance. These are the fair defects in nature, the women who appear to be created not to enjoy the fellowship of man, but to save him from sinking into absolute brutality, by rubbing off the rough angles of his character; and by playful dalliance to give some dignity to the appetite that draws him to them. – Gracious Creator of the whole human race! hast thou created such a being as woman, who can trace thy wisdom in thy works, and feel that thou alone art by thy nature exalted above her, – for no better purpose? – Can she believe that she was

only made to submit to man, her equal, a being, who, like her, was sent into the world to acquire virtue? – Can she consent to be occupied merely to please him; merely to adorn the earth, when her soul is capable of rising to thee? – And can she rest supinely dependent on man for reason, when she ought to mount with him the arduous steeps of knowledge? –

Yet, if love be the supreme good, let women be only educated to inspire it, and let every charm be polished to intoxicate the senses; but, if they be moral beings, let them have a chance to become intelligent; and let love to man be only a part of that glowing flame of universal love, which, after encircling humanity, mounts in grateful incense to God.